

TrueNorth Family Weekly Update

Thursday, August 5, 2021

Upcoming Educational Opportunities

Did you miss any of the APS or Vision events?

You can now find them on our website! <https://www.truenorth804.org/Domain/89>

Social, Recreational & Learning Opportunities

[The Alliance For Early Childhood Presents: Hello, Kindergarten! Helping Your Child Transition to Kindergarten After COVID Disruptions](#)

When: **Thursday, August 19, 2021 7:00 - 8:00PM**

Where: Zoom - Attendance is FREE, [Registration Required](#).

More Info: Kindergarten is around the corner and some may have more than the usual butterflies in their stomach! COVID has made so many aspects of school and community-building difficult. For some, it's also brought about more separation anxiety and challenging behavior in our young children. In addition to school supplies and materials, how can we prepare our children to feel ready for this transition? How do we not let our own worries and anxieties interfere with the process? You will learn simple yet effective strategies for successful transitions, to support your child for the first few weeks of Kindergarten as well as any new activity or event. Join us so your little one can enter those new school doors with confidence and curiosity! Programming facilitated by Molly Pope, I/ECMHC, Parent Coach, and Speaker and Trainer.

Check out the The Alliance For Early Childhood: <https://theallianceforec.org/>

Stay tuned for more events this year!

Looking for other resources? Check out the TrueNorth Community Page:

<https://www.truenorth804.org/domain/177>

Want to share this update with others? Feel free to forward this email or have them [Subscribe!](#)

Check our **NEW** website under the Community tab on the TrueNorth website:

<https://www.truenorth804.org/Domain/89>