



Northern Suburban
Special Education District

March 18, 2021

Dear NSSED Families,

Lake County Health Department

The Lake County positivity rate is 2.9% as of March 13.

Spring Break

What you need to know about Spring Break travel:

This guidance applies to students and staff at North Shore Academy, North Shore Academy Elementary, Arbor Academy, the Transition Center, Little Adventurers at Winnetka Covenant Church, and Little Adventurers at Marie Murphy Jr. High School.

- The CDC, Lake County Health Department and IDPH have all come out with similar travel guidance:
 - Travel increases the chances of spreading and getting COVID-19. Details of COVID Travel Recommendations by Destination can be found on [CDC's Travel page](#).
 - The CDC currently requires testing of all international travelers before they enter the United States.
 - Wearing a mask is required when traveling in, out of or within the United States on any public conveyance, as well as in airports and public transport stations.
 - NSSED students or staff who travel by plane, train, ship or bus (or if you at any time are unable to follow the 3 W's while traveling) will be required to:
 - Get a COVID-19 viral test 3 - 5 days after travel **AND**
 - Stay home for 7 days after travel.
 - Even with a negative COVID-19 test, travelers should stay at home for the full 7 days and monitor for symptoms and maintain strict mask wearing and social distancing for the full 10 days after travel.
 - If you choose not to get tested, then quarantine at home for 10 days after travel.
- **This process applies whether you are vaccinated or not.**
- If you travel under these conditions, you will get a “**do not enter buildings**” response to your self certification; you will then be contacted by a program nurse to gather details about your travel and confirm that quarantine is indicated.
- As always, if you plan to or have traveled let your supervisor know and your program nurse. In some circumstances you may be able to return to work or school without a quarantine period.

NSSSED classrooms in member district buildings and other preschool programs will continue to follow their host site protocols.

There will be no Reopening Committee message next week. Safely enjoy the spring vacation!

Kurt A. Schneider, Ph.D.
Superintendent
Northern Suburban Special Education District